

Tobasko Times

Shonda H. Harris, Principal

Tricia Growl, Toni Nassar, & Tiffany Walsh
Assistant Principals

Principal's Message

230 Pirate Dr. St. Rose, LA 70087 **Phone:** 504-464-9254 **Fax:** 504-468-8064

School Office Hours: 8:15-4:30

Happy New Year! I hope each of you had a wonderful Christmas break and enjoyed the time you spent with your family. We are rested and ready to begin the second half of our journey. I encourage all students to continue to believe in themselves, try his or her best EVERYDAY, and FOCUS, FOCUS!

Parents, please continue to work with your child at home and question them daily about what they are learning at school. Also, I contact your child's teacher if you have any questions. Spring Parent-Teacher Conferences will be held in February.

"Beginning the New Year, I end this newsletter with my wish for you, your family, and friends:

I wish you health...so you can enjoy each day in comfort.
I wish you the love of friends and family...and peace within your heart.
I wish you wisdom to choose priorities...for those little things that really matter in life.

I wish you happiness and joy...and blessings for the New Year.

Have a prosperous New Year!

|| Shonda Honor-Harris

"Principal



Be All You Can Be!

January 2024



SRE Pledge

As an SRE Dragon, I am proud to say.
I'll be positive and safe each and every day.
I'll be responsible, cooperative, focused, and kind.
SRE Dragons are the best you'll find.

February "2/1-Parent Teacher Conference-Early Dismissal ₁12:45 **||2/2-Parent Teacher|** Conferences-Early Dismissal 12:45 ||2/4-Progress Reports "Go home this week 2/5-Pre-K-K Grandparents "Day ||2/6-1st Grandparents Day 2/7-2/3 Grandparents Day 2/8-4-5th Grandparents Day ^{||}2/11-2/15-Mardi Gras Holi-"days 2/21-Class Pictures

"2/28-Volunteer Day





Arrival Window	Start Time	Dismissal Window	Bus Departure
8:30-8:40	8:40	3:35-3:50	3:50





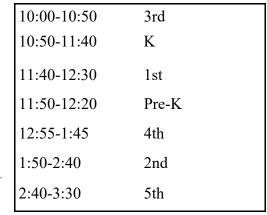
Enrichment Schedule





11:05-11:30	2nd
11:20-11:45	Pre-K
11:35-12:00	5th
11:50-12:15	4th
12:10-12:35	K
12:30-12:55	1st
12:40-1:05	3rd

















*The bus zone is closed to thru traffic between the following times: 8am-9:30am AND 3pm-4:15 PM

If a student is to be checked out of school, the parent must be in the office with ID by 3:30 pm (by 12:15 pm on early dismissal days) or the student will be dismissed according to his/her daily routine. Thank you for your cooperation.

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instagram.com/strose

#DragonsStayConnected



Good Character-Gratitude

Students of the Month





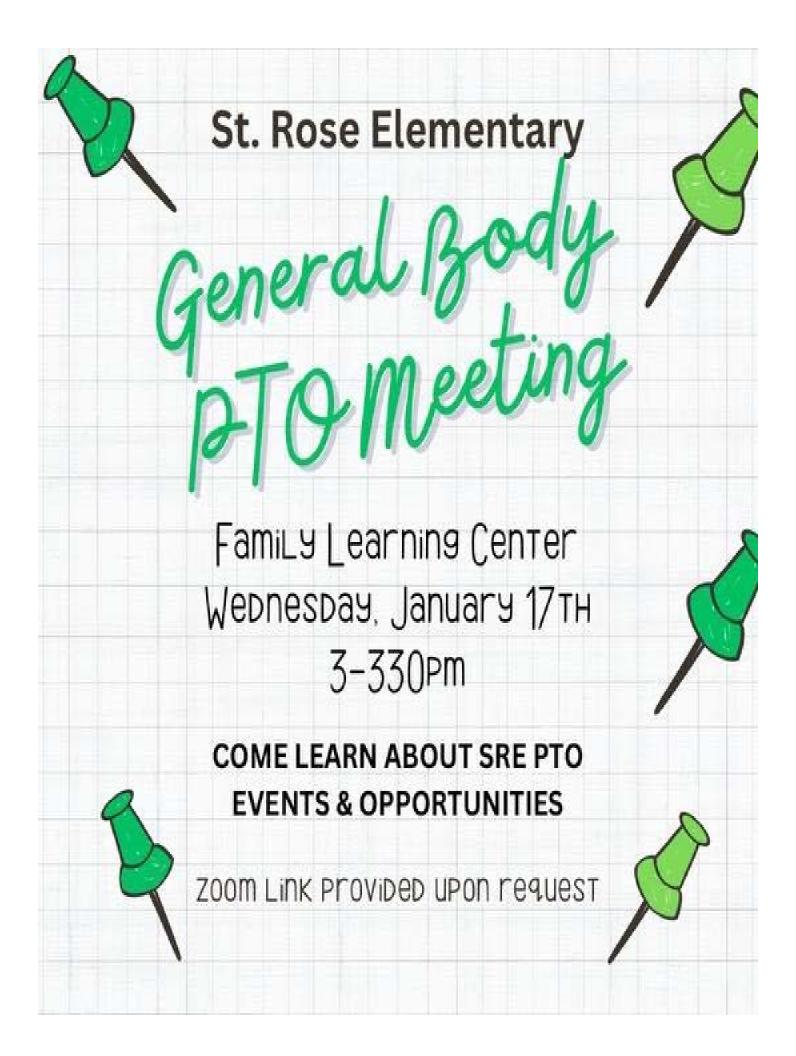




2023-2024 Teacher of the Year



Jacob Thompson was chosen as St. Rose Elementary' 2023-2024 Teacher of the Year. Coach Thompson teaches Physical Education at SRE. Pictured from left to right are Principal Shonda Harris and Coach Thompson.



Mental Health Matters

Relationship Skills

Most children enhance their social management skills through their interactions and relationships with others, but parents can help them nurture these abilities. With the ever-expanding exposure to different cultures and people in today's always-connected world, building relationship skills from an early age can set your child up for future success.

Having good relationship skills is simply the ability to make and keep rewarding relationships with friends, family, and others from a wide range of backgrounds. During the late elementary school years, your child is not only discovering more about themselves and their emotions, but also learning how to deal with relationships and peer pressure. Through each new friendship, they are learning how to use their communication and social skills to interact with others and to work together toward collective goals. Some children experience physical and emotional changes as they approach their teen years, and these can have a dramatic effect on the way that your child deals with their relationships and her interactions. Remember that every child develops at a different pace, and as your child discovers more about themselves, their feelings, and their capabilities, they are learning how best to interact with a growing group of friends and peers. Practicing these skills with your child can help them understand the intricacies of social interactions and provide them with the confidence they need to use the skills more independently.

During the late elementary years, your child is becoming more perceptive about the world around them and learning how to use their social skills to establish and maintain positive relationships. They are also discovering the importance of listening actively, respecting diverse perspectives, and resolving conflicts effectively. During this phase, your child may have just a few friends, or even a single best friend.

Children of this age can often be hard on themselves if they make mistakes, and they may shift blame when there is a conflict so as not to appear directly responsible. The increased interest in peer relationships, while a natural part of growing up and a positive expansion of your child's world, can also have negative consequences, including greater opportunities for exclusion, bullying, and conflict.

At this age, children may be loyal and considerate to their friends, but may question the rules at home. The child who is asking questions at home and requires extra reasoning is actually testing newfound skills and understandings in what they feel is a safe setting. You can use your influence to help guide them through these years and provide them with the support your child needs to further-develop their people skills. Often, just making sure that your child knows that they can talk to you is enough for children of this age.

St. Rose Family Center



How Can You Get Involved and Be An Advocate For Your Child?

If something concerns you about your child's learning or behavior, ask the teacher or a staff member about it and seek their advice. Your questions may be like these — What specific problem is my child having with reading? What can I do to help my child with this problem? How can I help with their behavior at home? How can I get my child to do homework? Which reading group is my child in?

Learn about your rights.

It's important to know what your rights are as a parent regarding special services, English instruction, immigration status, and more.

Let the school know your concerns.

Is your child doing well in school? Is he or she having trouble learning, behaving, or studying? Is there a problem with another peer?



Nurse's Notes

January 2024

Important Announcements

- Fight the Flu- tips from Louisiana Department of Health
 Fight the Flu LA
- Remember to wash your hands frequently and cover coughs and sneezes

School Nurse Sonya Robinson, RN Monday-Friday-SRE 504-469-4832

Health Updates



It's never too late to update the school on your child's health. If your child has special dietary considerations, food and/or environmental allergies that may or may not require medication at school, any medication changes, please inform your school nurse. If your child sustains an injury that may alter their school performance and may need special considerations at school, please be sure to contact the school to further discuss how we can help. There are times your child's health status may change throughout the school year so we want to be sure we provide a healthy and safe environment for your child. Please don't hesitate to call me should you have any updates, questions or concerns.

Health Awareness	Important Dates	
https://www.odc.gov/ncbddd/birthdefects/awaren ess-month/index.html	Please be sure to provide the school with an updated copy of your child's immunization records if you haven't already done so Flu shots are available at our Albert Cammon Wellness Center. Call today for more information at 985-308-6101.	

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Hello Families and Friends,

Welcome to a brand new year! Wow, time flies. As we continue to "Be All That We Can Be" at S.R.E. let us begin to set some resolutions for the new year. Resolutions can be fun to set and can be set by you and your family. What fun things do you want to do as a family? What kind of small changes can you or your family make that can lead to big changes with time? Resolutions can include 10 minutes of self-care each day. Resolutions can include trips to the park, family movie nights at home, picnics, and family fun nights (with games and giggles). These little changes can often make the biggest impact. You can speak to your family about these resolutions. Each family member can set his or her resolutions and the family as a whole can set family resolutions. Have fun and enjoy all the opportunities that 2024 has to offer!

As always please feel free to reach out to your child's counselor should you need us.

Your School Counselors.

Katie Gabriel (3-5) <u>kgabriel@stcharles.k12.la.us</u> Denise Peinado (PreK-2) dpeinado@stcharles.k12.la.us



Dear Families,

Our students are getting ready to take the English test. Our EL students, from Kindergarten to 5th grade, will take the English test, named ELPT in February and March. They will take the English test on a computer. They will take the listening and reading parts during the same day. They will take the writing and speaking tests another day. Please, make sure your child is going to school the two days he/she has to take the test.

We would also like to thank you for attending our Families and Friends breakfast at Albert Cammon Middle on December 14.

New Year 2024!

Estimados Padres,

Nuestros estudiantes se están alistando para tomar el examen de inglés. Los estudiantes de Kindergarten hasta 5to tomarán el examen de ingles que se llama ELPT en febrero y marzo. Los estudiantes van a tomar el examen de inglés en la computadora. Van a tomar el examen para la comprensión oral y el examen para la lectura el mismo día. Van a tomar los exámenes al escribir y al hablar otro día. Por favor, asegúrense que su hijo/a venga a la escuela cuando tiene el examen de inglés.

Muchas gracias por asistir al desayuno el 14 de diciembre a la escuela de Cammon. Feliz Año Nuevo!



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Library Nook



Librarian- C. Whittaker Assistant- Ms. Benedic

- -Remember to check our **SRE library** collection from home by going to the library link from our St. Rose home page. Under students, click library and go to the library catalog link. Go to resource lists then public list to view over 250 new print and **ebook titles** so far this year.
- -We are having great success with our Reading Incentive Program. Please continue to have students read and record titles on their monthly reading log. Logs are due the last Thursday of the month and prizes are given out on the last Friday of the month.
- -Remember to have students visit the Virtual Library on their Library Classroom page. Students can access the Library Catalog to find print/ ebooks to check out as well as find links to many research topics.
- -Sign up with your St. Charles Parish Library Card to access the HOOPLA site which allows you to check out movies and books for your electronic devices.

*Stakeholder Input

Parents, you can access our library titles through our student virtual library located in your child's google classroom. We would like parent input on suggestions for books/materials you would like to see included in our library. Please email me with suggestions at cwhittaker@stcharles.k12.la.us,

In the email's subject please put...

Whittaker-Book/Resource Suggestions

**Please remind students to keep library books in their school bag and to return them on their library day!

"Be All You Can Be-READ!"



Library-Technology Connection

*Accessing Online Resources from Home/ School Ebooks/Researh can be found by accessing the Student Library Classroom then to Classwork at the top of the page, then Click on our Virtual Library. (Passwords are also here.)

To access the following **Ebooks** (Books students can read online):

1.SRE Library Catalog (Click computers in virtual classroom)-Search ebooks (no password needed.)

2. Mackin Via ebooks (type exactly as is)

School: St. Rose Elementary

username: strose password: dragons

3. Epic ebooks- Use login

code kww3935

4. Worldbook Online- (click ebooks) (*Also great research site)

> username: sre password: dragons

To access Research Sites (Student friendly Articles, Videos, Games)

Pebble Go or Pebble Go Next

Username: Stre

Password: Dragons

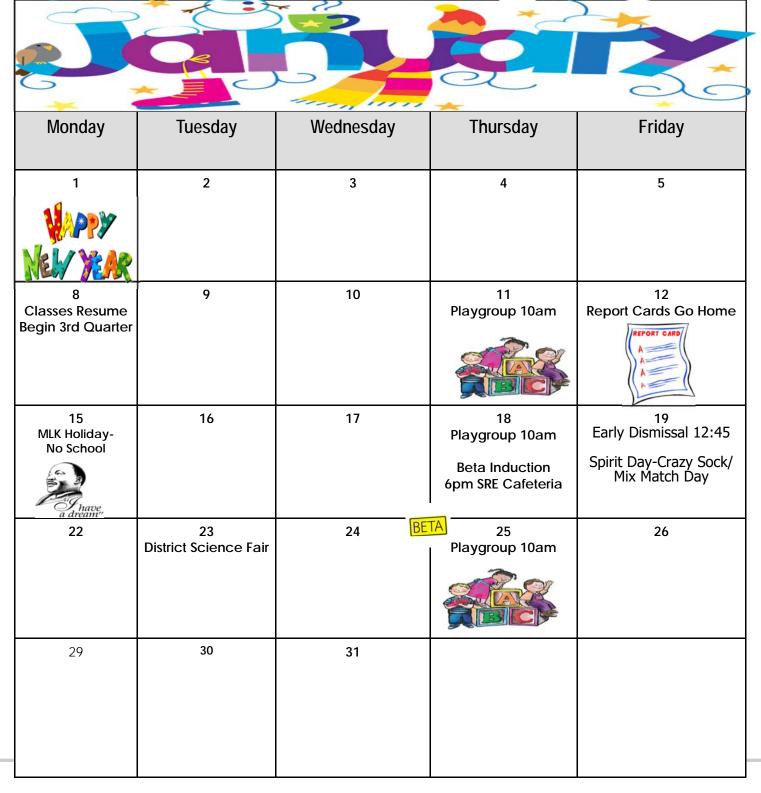
Brain Pop Jr. - Students access through their virtual

library in their library classroom. Gale Databases username: sre

password: dragons

Homework Louisiana

**The state of Louisiana offers a wonderful free online after -school tutoring programs, which is available to all students regardless of education level. Online professional tutoring is available COMPLETELY FREE OF CHARGE through Homework Louisiana www.homework LA.org.



Tobasko's Corner

Tobasko the Dragon is our school mascot. He would love to hear from our SRE parents. If you have any suggestions for school improvement, concerns or input, please write them below and return them with your child. We will print a follow-up in our next newsletter.					
Student:	Grade:	Parent Signature:			
Suggestions/Ideas/Input/Concerns:					



NO GOST ALLYEAR LO



Monday, January 8

Breakfast Pancake Cereal w/Graham Crackers

Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Italian Beef & Cheese Steamed Carrots **Broccoli Florets** Peach Slices

Tuesday, January 9

Breakfast

Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Fish Sticks Macaroni & Cheese Green Beans Cucumber & Tomato Salad Apple Wedges

Wednesday, January 10

Breakfast

St Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Fritos Shredded Cheese Corn, Garden Salad Banana

Thursday, January II

Breakfast

Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Chicken/Sausage Jambalaya White Beans Steamed Carrots Garlic Bread Pineapple Tidbits

Friday, January 12

Breakfast

Muffin Choice w/Cheese Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/Tomato/Pickle Orange Wedges Cookie



Pro Football playoffs start Saturday, January 13. What team will wear the crown on Super Bowl Sunday?

Hey, You! Put that book down!

The American Academy of Pediatrics recommends that kids get up and do something else for 10 minutes every hour when they're reading to avoid eye, neck, and brain fatigue!

January is National Book Month*





With all meals

Low Fat White Milk Fat Free Flavored Milk

Cold Lunch Choice

londay: Sunbutter Sandwich Tuesday: Chef Salad Weds.: Deli Turkey or Ham Sandwich

Thursday: Charley Box Friday: Sunbutter Sandwich

important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!

AT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER **WELLNESS IS A WAY OF LIFE!**

School will be closed Monday, January 15 in recognition of Martin Luther King, Jr.'s birthday.

Breakfast

Chicken Biscuit ereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Salisbury Steak Mashed Potatoes Peas and Carrots Dinner Roll Strawberry Cups

Wednesday, January 17

Breakfast

St. Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Beef Vegetable Soup Grilled Cheese Sandwich Garden Salad Banana

Thursday, January 18

Breakfast

Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Beef Teriyaki Dippers Steamed Rice Edamame Beans **Broccoli Florets** Pineapple Tidbits w/Cherries

Breakfast

Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Early Dismissal Lunch

Bosco Sticks Marinara Sauce Cup Green Beans Orange Wedges





Monday, January 22

Breakfast Yogurt Parfait or Breakfast Burrito Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch Red Beans w/Rice Seasoned Mustard Greens Steamed Carrots Cornbread **Peach Slices**

Tuesday, January 23

Breakfast Chicken Biscuit

Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Tacos w/Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Apple Wedges

Wednesday, January 24

Breakfast

St Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Peas & Carrots WW Roll

Thursday, January 25

Breakfast

Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Turkey Stew Steamed Rice Carrot Soufflé Steamed Cabbage Pineapple Tidbits

Friday, January 26

Breakfast

Fresh Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Fresh Hot Pizza Marinara Sauce Garden Salad Green Beans Fruit of the Month Brownie w/Icing

Which of these prehistoric life forms is NOT extinct?



STEGOMASTODON -- a six-ton elephant-like behemoth. MEGATHERIUM -- a four-ton giant ground sloth. And the AVOCADO?! The first two are extinct -- and the third probably should be. The avocado plant developed its large seed (it was even larger back then) because very big animals would eat the fruit whole in one gulp, seed and all, and help the plant spread to new areas. When most of the big mammals died off 10,000 or more years ago, the avocado should have disappeared with them - birds and tiny mammals can't begin to swallow and disperse a seed that big! But somehow the wild avocado survived thousands of years until humans learned to cultivate the delicious fruit. And the avocado's future survival was guaranteed when man discovered the Super Bowl and started cranking out lots of guacamole every winter!!

Learn more at www.CHOOSEMYPLATE.gov

Monday, January 29

Breakfast

Cheesy Grits Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Chicken Tenders Waffles w/Syrup Green Beans Carrots Applesauce

Tuesday, January 30

Breakfast Chicken Biscuit

Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Orange Chicken Fried Rice **Broccoli Florets** Asian Chopped Salad Tropical Fruit

Wednesday, January 31

Breakfast

St Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice

Lunch

Chicken/Sausage Gumbo Steamed Rice Potato Salad Garden Salad, Crackers Banana



Just a few more months to go in the school year! YOU CAN DO IT!

And we want to help! While you concentrate on the finish line, we'll keep you fueled up with tasty, nutritious food!